



Endless Passion



Romantic Ways to Spice Things Up And Keep Them Hot!

Remember how it was in the beginning?

You've probably heard this question coming out of your mouth, or maybe you just think it. It's easy to think wistfully back to those first few months or years with your boyfriend or hubby—to the time when everything was exciting, new, and fresh. Remember when he couldn't wait to get his hands on you? When just being alone in the same room together was enough to drive you wild?

Being with the same person for a long period of time can do a lot to erode at the initial fire you two felt together. Add in financial stress, job stress, kid stress, and all that other life stress and a life of bliss together starts to get a lot less blissful.

"The spark can't last forever," your girlfriends might say to you. "This is just how it is in relationships."

I have good news for you: your naysaying girlfriends aren't right on this one. You can put the spark back into the bedroom, and into the relationship. I have 25 simple strategies for you that will do wonders in putting the oomph factor back in to your romantic life.

Romance doesn't have to die just because you've been together for months, years, or decades— in fact, many of my students tell me that their relationships just keep getting better.

So what's the secret?

The secret behind these tips is simple: **you have to get him to chase you again.**

The thing many women forget is that old playing-hard-to-get game still applies years into a relationship. Once you lose

that, you lost any chance at passion-filled, gotta-have-you-now, throwdown lovemaking.

As the old song goes, after enough time in a relationship, "the thrill is gone." Why? Because he no longer has to work for it. He loves and respects you deeply, but he doesn't think of you as a fun, sexy new item the way he once did.

All it takes to get that feeling back is to change your mentality so that **you are the exciting treat that he has to pursue**—the ultimate reward, better than any of those other women that you might see him checking out on the street. You will make him feel hot and hot for you, and only you.

You've done a lot of hard work to construct a healthy, stable relationship. The good news is that the groundwork is already laid. You know each other well. You can now turn that intimacy into real passion once again. And it'll be even better the second time around.

Unfortunately, when most women try to play hard to get with their man, they leave out the crucially important flirty aspects. When this happens his mind doesn't register it as "hard to get." Instead he perceives your actions as "no get." He will believe you have lost interest, and in turn he will begin to lose interest as well.

This is exactly why I have constructed this book. To give you 25 strategies that will help you put the spice back into your relationship—so that both of you are romantically, emotionally, and sexually fulfilled, for now and forever.

01 *Send Dirty Text Messages*

Imagine this: your man gets into the work after a rushed morning, both of you scrambling to get ready and get the kids to school. You barely had time for a goodbye peck before you parted ways, because that's just how it is these days—plus, you were too busy filling his brain with all the errands that need to be run.

He hears his phone buzz, takes it out, and sees:

"I kept touching myself in the shower today wishing it was you. Don't stay too long at the office tonight."

I can guarantee that he'll have a hard time focusing when his boss gives him more mind-numbing tasks...and that he'll be rushing back home to you tonight.

For new couples, dirty texting and even "sexting" is a natural outlet for the wild attraction that each person is experiencing. But as time wears on and we get into a routine, the naughty messages start to go by the wayside. Now is the time to bring them back!

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The great thing about text messages are that they're a discreet way to surprise your man when you're both on the go, reminding him of just what he loves about you. Use technology to your advantage and send him a saucy message. It may feel strange at first, but believe me, the more out of the blue, the better!

02 *Change Up Positions and Locations*

Sex shouldn't follow a formula. If you find that sex becomes an alternating pattern of you on top, him on top—all in the bedroom, of course—it's probably time to change things up.

Sex will start to seem more exciting to both of you if it's unexpected. So pull out the Kama Sutra or checkout the [blog by clicking HERE](#) and pick out some exciting new positions you'd like to try. Get a bit wild and try some things you've never seen before. You'll have fun experimenting!

Similarly, changing up the location can do wonders in rejuvenating your intimacy. Get down and dirty in the shower, on the couch, on the kitchen counter...wherever your imagination leads. Even booking a hotel room for a night can lead to a sleepless night of passionate sex—the kind you can't seem to have in your bedroom with the kids in the next room.

03 *Role Play In Public*



Remember the excitement of your first few dates? That nervous, butterflies-in-your-stomach feeling as you waited for him at the bar? That smile that crept to your lips when he walked in the door, anticipating everything that was to come?

It's still be a pleasure to meet your significant other after a long day at work, but now, the pleasure isn't tinged with the same thrill. By now it's pretty obvious that you'll be going home together.

This is where you need to change your mentality—and your identity. Not literally, of course, but a little bit of role play can go miles in adding the spice back to your interaction. This takes a little bit of planning with your partner, but that's part of the fun! Decide on a place to meet—preferably a location that's unfamiliar to both of you, to make the scenario feel more real. Then decide who will arrive first, and who second.

Once you've committed to your characters, go for it! Think of all the details that go into the scene you've created. For example, you might have

this works best when you wear clothing and style your hair that you normally never try

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arrived alone to a new city on business. He sees you at the bar and strikes up conversation, offering to show you around. Or, he can play the wayward traveler who needs directions and—shoot!—couldn't book a hotel room in time. The more you get into it, the more fun, and titillating, it will be.

Do you want to be the one to pick up the handsome stranger, or do you want him to hit on you? Try both on for size and see what you find most exciting! Remember, this is meant to be fun. Have a drink, loosen up, and make sure to do your oral warm-ups before you hit the stage.

I've always found that this works best when you wear clothing and style your hair that you normally never try. This alone really helps you both to get into your new roles.

04 *Role Play In Private*

Role playing is great in the bedroom as well when you want to put the passion back into your sex life. Not all couples are used to it, so you'll want to ease into it. The idea here is that all couples get into familiar routine in the bedroom, which leads to satisfying but vanilla sex. A role play takes the focus off just getting off and lets you explore , opening you up to things you haven't done in years—or ever.

There are some common character scenarios that are easy to relate to and get into. For example, he can be the high-powered CEO and you the secretary. You messed something up, and now you need to be punished. Make sure to really set the scene: put on a tight skirt and heels, put your hair in a bun, and have him sit at a desk and call you over to receive your "discipline." Other scenarios you can act out include the jock and the cheerleader, the repairman and the housewife, the musician and the groupie.

The key is to think deeply about your own personal fantasies. Ask yourself key questions: who do you want to be? What's the scenario, and what does it entail (props, outfits, etc.)? What is your motivation as your character? How about boundaries and ground rules?

Again, once you get into it you'll lose your self-consciousness and the role play will take over. By getting into character, you let go of the restrictions that bind you in everyday life—as does your partner. You may be surprised by how hot things get!



05 *Set The Stage*

The bedroom is piled with dirty clothes and a picture of the kids, and the bathtub is filled with rubber duckies. Not exactly the best setting for getting in the mood.

As we settle into family life, it's easy to let the aesthetic side of things go by the wayside. But setting has a lot to do with how we feel, so there's no way that passion can thrive in a blah environment. Clutter is distracting as well, taking the focus off the other person.

Even if your bedroom is neat as a pin, it probably doesn't resemble a love

den. Remember what it was like when you were preparing for that third date—when you wanted to make sure that everything was just right if you took him back to your place?

Clean up, light some candles, burn some incense, put on some slow tunes and turn the lights down low. It will feel like a different place—and that's what you want! Set the stage, prepare yourself, and then invite him in.

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06 *Make Yourself Feel Beautiful*

On the same note, the more beautiful you feel, the more attracted to you he'll be. Confidence is a huge turn-on for everyone, and sometimes we lose our sense of awe and attraction for another person when we're with them for too long. Similarly, you might also be guilty of letting your looks go by the wayside. That doesn't mean you have to lose weight or buy yourself a whole new wardrobe—it just means doing the things that make you feel beautiful.

*Think about all the things that
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and spend the time to do them.*

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Plus, feeling sexy makes gives you a libido boost. Ever notice how much he perks up when he sees you wearing a new dress or a cute pair of heels? You're exuding sexual energy, and he's tuning in to that. It's not just about the outfit.

What makes you feel like a desirable, powerful woman? Is it going to the gym? Getting your nails done? Wearing sexy underwear? Think about all the things that make you feel truly beautiful, and spend the time to do them. You're doing yourself—and your relationship—a favor.

07 *Teasing Touches*

It's crazy to expect that you can go from 0 to 100 in five minutes flat. Even when you're pressed for time, physical intimacy can't happen without adequate warm-up. The good news is that you can get your man aroused all throughout the day, even when you're not in the bedroom—so when you do get there, he won't be able to keep his hands off you.

Try using what I like to call "teasing touches." These are instances of suggestive physical contact that get him thinking about you in a sexual way. These are best employed at surprising moments, when they're least expected. For example, give him a playful slap on the butt when you walk by him in the

kitchen. Linger over your kiss hello, giving his bottom lip a little nibble.

Teasing touches don't even have to be physical. Smoldering, suggestive eye

contact when you're standing across the room from each other at a party will immediately move his mind to one place and one place only. Don't expect to keep your clothes on for long when you get home.

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08 *Non-Sexual Touch*

While teasing touches are great for getting the heat dialed up in the bedroom, non-sexual touch is just as important. One of the first things to go when couples are together for a long time is the physical affection: the Saturday morning marathon cuddle sessions, hand-holding, and hugs. Bringing these non-sexual touches back into our relationship can bring back feelings that were long buried under a mountain of bills and to-do lists.

The reason is chemical: non-sexual touch, like cuddling, releases oxytocin, otherwise known as the "feel-good" or "love hormone." It's scientifically proven that hugging for at least 20 seconds increases oxytocin levels in both men and women. So go in for a good, long embrace at least once a day. You'll no doubt find yourself coming back for more—and your man, too.

09 *Seek Outside Help*

By “outside help,” I don’t mean a sex therapist (although that may help!). Sometimes just relying on me and you isn’t enough to keep things spicy. Outside agents can really add zest to your sex life.

Some couples enjoy watching porn together and finds that it turns them on. If you’re not into the idea, try a steamy romance novel. There are so many of these available in stores and in print, ranging from stories to full-fledged erotica with any scenario, characters, and time period you can imagine. You’re bound to find one that pushes both of your buttons. Take turns reading sections of it out loud and you might find that you’re inspired to act out some of the scenes! Stories are a great way to get outside of yourself, reducing both self-consciousness and the feeling of “same ol’, same ol’”

Toys are another great option for putting the freak back into getting your freak on. Explore new sensations with vibrators, clit massagers, and other toys. Try having him use one on your while giving you oral sex. Vibrators during foreplay can also add an extra level of sensation that will keep you both coming back for more.

Seeing you turned on is the best way to turn him on, so let him know, with your body and your mouth, how much you like what he’s doing to you. Being just a little more expressive can help make the bedroom a fun and exciting place again.

10 *Act On Your Fantasies*

We all have our own personal sexual fantasies. It’s fine to keep your fantasies to yourself—after all, we all need to have our private lives—but it can also be beneficial to your relationship to share your fantasies with your partner.

Is there something you’ve always wanted to try? Maybe it’s sex in a public place, kink or BDSM, or a certain role playing scenario. Amazingly, I find that women who have been in relationships the longest are the most scared to ask their partners to help with their fantasies!

Sometimes they feel embarrassed or awkward about voicing these fantasies. You’ll find, though, that expressing your erotic wishes can be incredibly exciting for both of you. The words “let’s try something new tonight” are incredibly sexy for him to hear—and will encourage him to share his own fantasies with you.

Talking things out in a neutral setting—not in the bedroom—can be an easier place to introduce the idea of, say, trying something kinky you’ve never done before. That way you can both do your research and decide if it’s something you want to act on.



Ask Him What He Wants

Just as telling him what you want is a turn-on, asking him what he wants is a great way to bring spice back into your sex life. You probably have gotten so used to each other that you never bother asking him what he wants anymore. But communication is key for the success of any relationship, and that doesn't stop between the sheets.

One of the biggest mistakes people make is to assume that what their partner liked yesterday is what he or she will like today. Preferences are always changing! As sexual beings, we are always going to want to explore new aspects of ourselves

and our partners. Encourage this by asking him frankly what he wants you to do to him, or for him to do to you. You don't have to agree—just talk it out. Just knowing that you are open and concerned about his needs will let him know that you care about pleasing him—which will make him want to please you.

Encourage your man to be honest with you: does he want oral sex? A certain position or role play scenario? As long as you're comfortable with it, be open to giving it a shot. You might find that something's been missing in your life!



Talk Dirty

So now you're communicating about your wants and fantasies—what about what comes out of your mouth in the heat of the moment?

Dirty talk doesn't have to stay digital. A well-timed sentence can really drive you both wild during foreplay or sex. Don't be afraid to open your mouth! Tell him exactly how good he feels, how sexy he is, how much he's turning you on. You can even start with increasing your pleasure moans, and then incorporating words and phrases like "you feel so good" and "I love how you feel inside me" as well as your classic "harder!"

There are some practical tips that can make dirty talk easier. Try doing it solo. Get vocal while you masturbate alone.

It's a time when you can really get connected with yourself without feeling self-conscious, and you should take advantage of that time. What words turn you on? What do you like hearing come out of your mouth? Pull that out during a sex session with your partner, and you can be sure that his jaw will hit the floor.

Dirty talk can also create flirtatious tension before you hit the sack. When you're out with friends, whisper into his ear, "You're making me wet just looking at you and thinking about what I want you to do to me later."

Seem like too much? Again, you can scale it back and then bring out the big guns when you feel ready. A simple "I can't wait to take you home" is also great!



13 *Schedule A Date Night*

When life gets busy, couples tend to forget to schedule time to themselves. Add in the hassle and expense of booking a babysitter to your hectic schedules, and it's no surprise that one-on-one time gets the short shrift. That's why making an effort to plan a date night, as you would any other appointment, is essential. Take quality time away, and your relationship will always be running on fumes.

Try this: say to your man on a Monday, "I've read some good reviews for that new Italian restaurant that opened in the neighborhood. How about we go on Friday night, just me and you?" It'll give you both something to look forward to throughout the week, and enough time to adjust schedules accordingly. When date night rolls around, make sure to put some

effort into your appearance, as you would if you were going on a first or second date—pay attention to your outfit, your hair, your underwear, and your perfume.

Carving out this kind of one-on-one time is essentially to keep the spark alive. If you find that your date night keeps getting put off, you may want to schedule a regular once a month date that doesn't budge.

You can also think about other activities that you both enjoy. If you like the outdoors, escape for a weekend hike. If you live somewhere with a theater scene, go out and see a show. Doing something that's unusual for both of you can also be fruitful in rekindling the spark.

14 *Have Your Own Life*

Just as important as you-and-me time is me time. One big mistake a lot of women make is to be so attentive to their boyfriends, husbands, and families that they forget about themselves. But having your own friends, interests, passions, and hobbies—your own life—is what makes you the unique woman he fell in love with. Having your own pursuits means you bring something exciting to the conversation and the relationship.

Having your own life also makes him miss you. He won't feel like he's chasing you if you're never farther than the next room, right? By getting yourself out of the house to do the things you enjoy, you create a feeling of suspense that adds excitement when you do get together. Even when you're set in your relationship ways, don't make yourself overly available.

15 *Leave Secret Notes*

Just because you live together doesn't mean you can't write love letters! Leaving notes for each other adds an element of mystery and fun to your communication, and sometimes lets you say things that don't tend to come out verbally.

You can leave loving, sexy, or fun notes in places both expected and unexpected—for example, on the fridge, on his pillow. It doesn't have to fill pages—just a cute line or two to remind him of you when you're not together.

If he wants to get in on the fun, make a game of it—you write a note and leave it in a surprising place, and then he writes

you a response and does the same. Having a fun little game between the two of you gives you each something to look forward to and adds a loving, lighthearted element to your day-to-day. Since the key is to stay on his mind throughout the day, try tucking one into his pants pocket. When he discovers the hint of you he'll be thirsty for more.

Looking for inspiration? Snippets of poetry or song lyrics make great material for notes. Finding something that is especially meaningful for both of you—a favorite song, for example—will also remind him of the highlights of your relationship.

16 *Focus On The Positive*

It's easy to focus on what's not going right when you're talking to your partner, but no one wants to spend time around a Negative Nancy.

Yes, you have problems that you need to talk through, but the next time you hear yourself going on a rant, really listen to yourself. Do you sound pessimistic and critical? Taking out your frustration on your partner won't make your problems, either personal or mutual, any easier to solve. In fact, complaining may feel like a release, but it tends to just spread bad energy without making you feel better in the long run.

If there is something your partner doing

that is aggravating, explain it without accusing him, focusing on "I feel" rather than "you are doing XYZ." Then, think of some positive things to add to the conversation. Tell him something funny or . Even sharing a funny video will. You want him to associate you with good feelings, not negative ones.

It may seem small, but once we get set in patterns they can dictate the whole course of a relationship. If you're putting out negative vibes every time you interact, it's not likely that your man will be chasing you down. Listen to yourself and figure out how to tone down the negative messages and play up the positive ones.

17 *Plan A Romantic Getaway*

Too much time at home can get claustrophobic. Going through the daily grind of work, kids, and errands week after week is wearing you, and your relationship, out. Planning a weekend away will get you out of your funk and give you something to look forward to leading up to it. Plus, the act of planning a trip together will add to the excitement.

Once you get there, focus only on each other. You now have quality time together, away from the worries of normal life, so take advantage of it. Leave work, the kids, and your calendar at

home. Consider checking out of email so that you can really enjoy some time off the grid.

You don't need to take a fancy cruise to feel like you're escaping. You can be just like honeymooners with a bed-and-breakfast weekend in the country or a trip to another city. Try to stick to two weekends away each year, and if you can swing it, one one-week holiday, just the two of you. Anything that gets you out of your day-to-day environment helps—even a weekend picnic in the great outdoors can be a great refresher!

18 *Put Your Gadgets Away*

Our worlds are quickly being taken over by our screens, and screens are just not sexy. Nothing ruins face time—or intimate time—like a distracting ping from your phone. It takes a real effort to get away from our gadgets, but it's worth the effort. There's no way you and your partner can truly connect if electronics keep getting in the way.

Furthermore, it shows that you don't truly value your together time if you feel that it's ok to "just take this call" or "just answer this text" when you're having a conversation. Wrong attitude!

You're giving him the message that you value whatever blip has appeared on your phone more than you value him. While this is obviously not true, it eats away at the quality of your interaction—and makes him more likely to be less attentive to you in turn.

Set boundaries for when you can and can't have your electronics out. Make a rule barring gadgets at the dinner table, and consider making your bedroom a "no screen zone."



19 Make Room For Spontaneity

Life is no fun when it's too scripted. The same goes for your relationship. Once you fall into a routine, you remove the element of excitement that existed when you first met—when you had to make room for each other in your lives and were willing to move out of your comfort zone for the other person. A life that's too well-ordered is a buzz kill for romance.

You can inject spontaneity into your relationship in all sorts of ways. Plan a date night without telling your partner, arranging the reservations, babysitter, etc. on what would otherwise be a

normal Tuesday night. Prepare a special candlelit dinner with his favorite foods (and be sure to dress up nicely to serve it!). Once in awhile, ditch the busy Sunday plans and just lie in bed, getting up when you feel like it and doing whatever moves you.

There are innumerable ways you get inject a dose of spur-of-the-moment fun into your lives—be creative!



20 Indulge In Aphrodisiacs

Certain foods are known for their mojo-boosting properties. When you want to get in the mood, add one of these into your meal. You can even make a fun aphrodisiac-themed dinner if you really want to go in for the kill.

There are classic aphrodisiacs like oysters (found to increase production of sex hormones) and dark chocolate (which causes a dopamine spike, giving you a feeling of pleasure). Chili contains Capsaicin, which is known to increase endorphins, stimulate nerve endings and increase your heart rate, making for a spicy session in the sack. Some

healthy snacks also have love-boosting properties, such as almonds (high in Vitamin E, a libido-booster) and goji berries, a trendy "superfood" that have been used as a sexual tonic in Asia for centuries.

Other less well-know aphrodisiacs include bananas, which contain a testosterone-boosting enzyme, coffee, which studies have shown may increase libido, and fruits like strawberries, pomegranates and figs. Try making pesto with pine nuts—a zinc-heavy aphrodisiac—basil, and olive oil, another sexual performance-booster.

21 *Surprise Sex*

Variety is the spice of life, and your sex life. While taking your time with foreplay is great, sometimes a surprising bout of sex is just what you need to shake up your love life. When was the last time you had an afternoon quickie or joined him in the shower? When sex becomes too routine, it's more of a chore than a passion.

Sex seemed more exciting at the beginning of your relationship because it was always a surprise. You didn't know each other's bodies down to every last wrinkle and the fun was in exploring each other. Surprise sex puts this element of the unknown back into your relationship.

Getting out of your usual bedroom routine will also allow you to explore new styles of lovemaking, letting you try new positions and locations.

Don't be afraid to show interest and be wanton! The only way to receive interest from your man is to show it. (It doesn't hurt to add that spontaneous oral sex is a surefire way to get your man hungry for more.)

Bonus: texting him in the morning and telling him to prepare for a "surprise" when he gets home will keep him sweating (in a good way!) all day long.





Spend More Time On Foreplay

Kissing, touching, licking, oh my! Many couples forget about foreplay when real life rears its head and time for intimacy dwindles. Take the time to savor each other and remember the joy of really being together, not just racing to do business.

Being too “goal-oriented” in your sex life is a recipe for uninspired sex. Taking the time to You’ll find yourself looking forward to sex more if you can truly get in the moment and enjoy it—and he’ll feel it too.

Simply kissing more can change your dynamic in the bedroom. Bring back the make-out sessions of yore, when kissing itself was the end game. Let yourself linger over

You can also make foreplay more exciting by bringing in toys, lubricant, and massage oil. Starting off giving each other massages is a great way to connect and get yourselves warmed up. Read up and watch online tutorials to make sure you’re really working out the kinks, and try some fun edible massage oil.

You can also try a night of no penetration. When the sex gets boring, sometimes the best medicine is not to add something in, but to take something out. Try a night of sexy time sans penetration. You’ll probably find that he pays more attention to other parts of your body, and

that you do the same for him, unlocking new pleasure areas you might not know existed. It’s also a way for you to enjoy giving each other pleasure in a different way. Plus, he’ll be hot and heavy for you the next time around—which will probably be sooner rather than later!



23 *Talk After Sex*

As human beings, our preferences are always changing. Don't close the door on communication just because you're used to each other.

Communicating after the act is the best way to lay the groundwork for next time. After you've both caught your breath and are lying intertwined, talk about what you liked and what you'd like to try next time. This is also a great time to lay on the complements and slip in some cool-down dirty talk. Post-sex is a great time to talk about these things since your guard is as lowered as it's ever going to be.

Make sure to ask him what he liked, didn't like, and wants to try as well. He'll be much more in the mood to be honest with you—and to anticipate the next time.

You can also try "stop and go" sex play. For this exercise—don't worry, it's way more fun than squats and sit-ups—you and your partner sit down together when you have a good stretch of uninterrupted private time. You can be naked, or not—

whatever feels comfortable. From there, you each get five minutes to stimulate the other person—anything from a caress to a massage to a hand job. After five minutes, it's the other person's turn. While you're playing, you have six words or phrases in your vocabulary: "stop," "slower," "faster," "softer," "harder" and "keep going."

Try it for at least three turns each. You might end up having sex after, or you might not. The idea is to really feel each other and be intimate in a new and different way. It also makes it easier to overcome shyness. Instead of having to tell each other your desires, you show each other. This can open up better communication when you get into the bedroom, and give you a better idea of what the other person really likes.

Remember that it's supposed to be fun! Devoting time to both sex and talking about sex is the best way to put the horsepower back into your romantic life.

24 *Complement Him*

Your man needs to feel like...well...your man. Sometimes women forget that the male ego needs stroking. When you complement instead of criticize, he wants to do even better for you.

You can dole out the sweet words about his appearance ("wow, I forgot how hot you look in that shirt"), something he does particularly well ("I love how good you are at fixing things") or something that you like about your relationship ("I appreciate what a good listener you are. I always feel like I can tell you anything).

Expressing how much you admire and appreciate him reminds him of the ways you add to his life and makes him associate you with positive feelings.

Plus, he'll be inspired to respond in kind, creating a cycle of appreciation. Both parties receive a good feeling "payback" when one gives a complement. You'll be surprised by how quickly this small gesture can change the dynamic of your relationship and make him eager to please you again!



25 Better Oral Sex

One of the best ways to increase the sex drive in both of you is simply to enjoy better oral sex. The act of receiving oral sex gives men a boost of testosterone, the male hormone that is responsible for sex drive and the other things that make him feel masculine.

On top of putting him in a position of power (him standing tall and locking eyes with you while you're on your knees is one of the sexiest sights a man can see) he will also feel more connected to you.

He knows that he is going to receive more pleasure out of the act than you are, and that will make him want to reciprocate the gesture.

On that note, don't be afraid to initiate! Even married women are often scared to make the first move, expecting their husbands to do it. This kind of thinking is not only outdated, it also doesn't help your relationship! Men love it when women initiate physical contact, and oral sex is definitely no exception.

The one downside that could come from this is poor oral techniques. We know you're trying to give us pleasure, and we greatly appreciate it... But if your techniques just aren't what we're looking for, it can be very difficult for a guy to tell you what he wants without hurting your feelings.

We may act like we're enjoying it for a minute or two, and then stop you, and most likely turn right to sex. This is our subtle way of saying that we are turned on and want you, but realize that there's

a good chance our excitement may go away very soon if you keep doing what you're doing.

Oral sex can and should be one of the most amazingly pleasurable aspect of sex, and unrefined techniques should not be something that holds you back. This is exactly why my team and I have created something I just know you're going to love.

It's called *World's Best Head*, and in it, you're going to discover how to give your man the hottest, wettest, most toe-curling oral sex of his entire life. Simply click on the link below to learn more.

[>> Click HERE For The World's Best Head <<](#)

The woman who will be leading you through everything in *World's Best Head* is an adult film star and registered nurse named Alexa Aimes.

Alexa is known in the adult industry as the woman who gives the absolute best head. Period. And now, we have teamed up to bring you all of her amazing techniques.

This means that you are going to get **results** - And get them **QUICKLY!**

When you have the chance to have the best in the world teaching you everything you need to know to become the best lover he has ever had, than that's an opportunity you should **NOT** miss.

In *World's Best Head*, Alexa will **EMBED** all of her knowledge directly in to your brain.

WORLD'S BEST HEAD SIMPLY WORKS!

This training program is Jam Packed step-by-step lessons that will teach you everything you need to know to become an an amazing giver of head that he can't resist, and finally have the kind of sex life you've always wanted.

And when you do, you're going to notice your entire relationship begin to change. He's going to grow closer to you then ever before. He's going to come up from behind and wrap his arms around you as he kisses your neck and tells you how much he loves you. He's going to go out of his way to do those little things that he knows mean the most to you.

And more than that... He's going to become more loyal, devoted, and in love with you than ever before.

Talk soon,

Joshua Rose